ABL ADOPTIONS PRESENTS:

5 VALUABLE FAQs FOR BIRTH MOTHERS

Rest assured knowing all your worries about your adoption are going to evaporate
IF I CHOOSE ADOPTION, WILL I ONE DAY REGRET MY DECISION?

There are many emotions that correspond with adoption. Regret is one of those emotions that is unpredictable. You may, for example, regret that you weren’t able to offer everything you wanted for your child.

However, you will never regret the fact that you gave your child a better life through adoption, and that your child is happy.

Knowing that you made a positive decision out of love and in the best interest of your child will help you cope with any feelings or thoughts of regret, should you experience this.
If you are pregnant and over the age of 16, then you are legally able to make a confidential adoption plan.

If you would like assistance with how to talk to your family and friends about your pregnancy, or about adoption, our case workers are available to help. The decision about who to tell, when to tell, and how to tell, is ultimately up to you.
If you decide to make an adoption plan, you will choose how you want your hospital experience to be. Our adoptive families are able to bring the baby directly home from the hospital, if that is what you choose.

Some women choose to be supported by an adoptive family in the hospital. Some women choose to have their friends or family members there. Some women prefer to have some alone time with the baby in the hospital.

Our case workers can help you to decide what would feel the most comfortable for you.
We have families that are open to adopting children that have been exposed to drugs and/or alcohol.

Our case workers can help to introduce you to the adoptive families that are comfortable with any history of drug or alcohol use.

You have the right to make an adoption plan for your baby that you can feel good about.
The laws about a father's rights differ based on which state you live in. If you would like to have the father of your baby participate in making an adoption plan with you, you can. Some women find that they are making an adoption plan alone. We can help you to understand the laws in your state, and what rights the baby's father will have.
We understand how overwhelming the adoption process can be. When you're ready to make the first step, we'll be right here, ready to help you restore your life and protect theirs forever.

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