



Whole Health Recovery Centers

A Powerful, Simple Solution
to a Complex Problem



Addiction is a complex problem with multiple causes

For a long time people thought of addiction as its own problem.

Someone drank or took drugs, became dependent, and their life spiraled downward as a result.

With the benefit of decades of research and real-world treatment experience, we know that substance use disorder (SUD) is a very real disease with many contributing factors.

Those with SUD turn to drugs or alcohol as a coping mechanism for the challenges they already face in life: unemployment, violence, abuse/neglect, mental or physical illness, homelessness, family strife, and so on.

Without addressing those underlying issues, long-term recovery cannot occur.

Now Aspire Indiana Health and Progress House, two storied nonprofits with a combined century of service to at-risk Hoosiers, have teamed up to innovate a new concept: the Whole Health Recovery Center.

Instead of scattering the pieces to the recovery puzzle and expecting people to find them, Whole Health Recovery Centers bring everything they need right to their doorstep while providing a stable, safe place to live.

Why It Works

Today addiction services providers, community pillars and the legal system agree: when people with SUD are exposed to their old neighborhoods and familiar patterns of behavior, the rate of relapse increases dramatically.

The Whole Health Recovery Center is different because it brings comprehensive services to them. It is a nonprofit model based on best utilizing public dollars instead of catering to the wealthy and well-insured.

'A model for Indiana and the country'

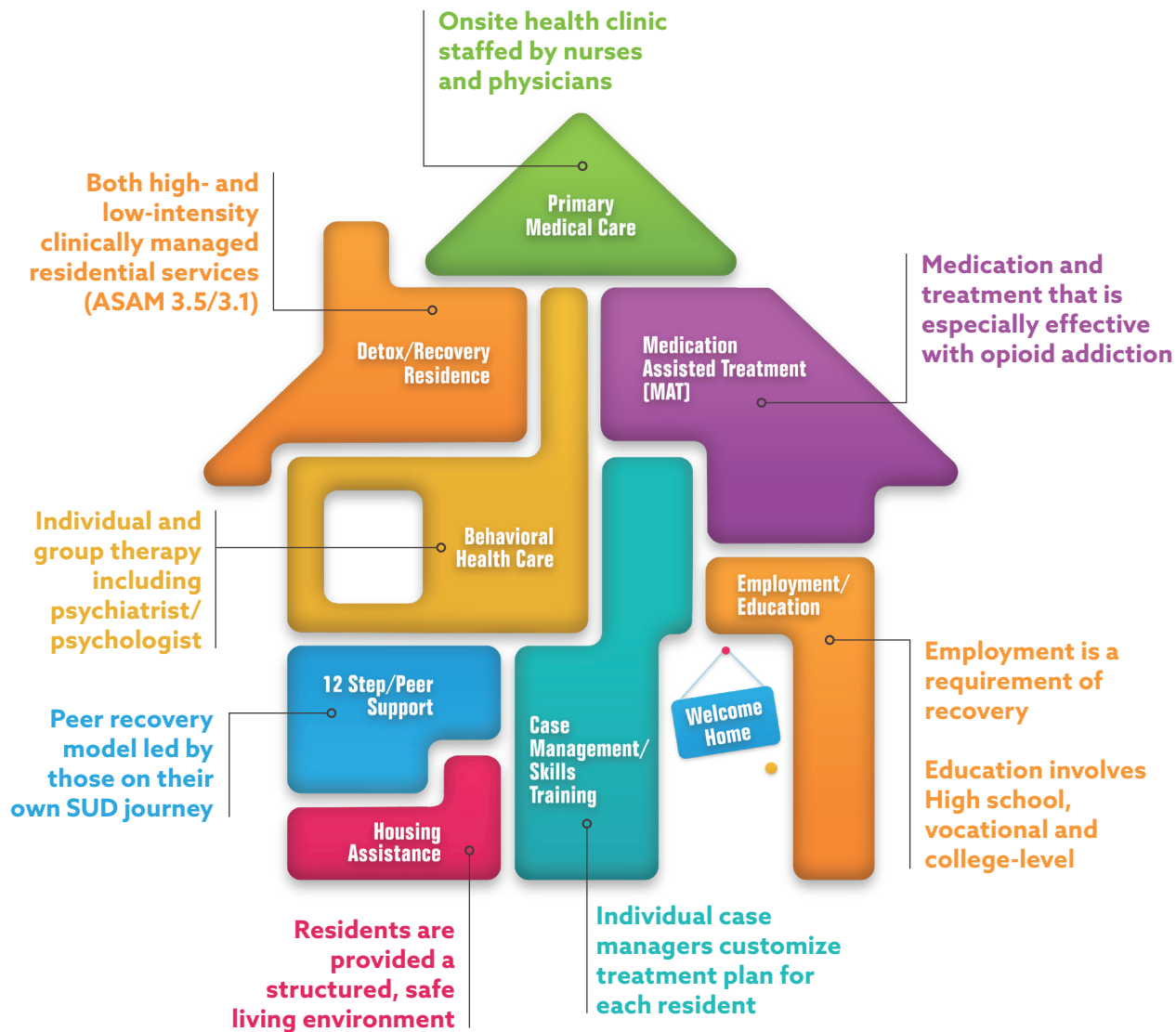
The Whole Health Recovery Center is not just an idea. Mockingbird Hill Recovery Center, a joint effort of Progress House and Aspire, will soon open in Anderson, Ind. It will be the first of its kind in Indiana and the U.S.

Located on a historic 13-acre campus that formerly was the site of a famed country and bluegrass music concert venue, it will house approximately 100 men in recovery.

It will be credentialed as both a Federally Qualified Health Center (FQHC) and Indiana Community Mental Health Center (CMHC) and certified to national recovery residence standards by the Indiana Affiliation of Recovery Residences (INARR).

The White House's Office of National Drug Control Policy has called Mockingbird Hill "a model for Indiana and the country."





Fewer Dollars, and More Sense

Part of the reason the Whole Health Recovery Center model makes sense is it uses public funds in a more efficient way than other response pathways, especially when compared to incarceration.

A recent change in federal rules makes Medicaid eligible to pay for programs like this. Otherwise the cost of treatment has generally fallen on local municipalities that lack the funds or treatment resources for the comprehensive services that provide the best chance at stable recovery.

This recovery model not only employs the best proven methodologies, it does so in a way with a lower burden on taxpayers.



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**Helping individuals.
Improving whole communities.**

**(877) 446-4408
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