





## Executive Note

2010 has been a momentous year for Aspire Indiana. There were many hopes as a newly merged organization that we ourselves aspired to in 2010. First and foremost, we sought to help more clients than ever before to live independent and fulfilling lives. We also had plans of adding new services that would meet the growing and changing needs of our communities. Additionally, we endeavored to continue to support and serve all our clients in ways that were both affordable and responsible. And through it all, we hoped that many would come to know the name of Aspire Indiana as the best in behavioral healthcare in Indiana.

I'm happy to say that Aspire Indiana is on our way to meeting those aspirations.

- In 2010, we served over 10,000 clients in multiple locations throughout Anderson, Carmel, Elwood, Indianapolis, Lebanon and Noblesville.
- We incorporated new services for the deaf as well as expanded services in our housing and HIV programs.
- We continued to develop proven enterprises like Harvestland Farm and Vending services that provide meaningful employment, which is financially beneficial to our clients, and provides them with an increased sense of self-worth.

If our first year as Aspire Indiana is an indication of what we can aspire to and achieve, than we all have much to look forward to in the future. Personally, I believe our impact on the communities and clients we serve has only just begun.

Thank you for being a part of Aspire Indiana and helping others in finding a better way.

A handwritten signature in black ink, reading "Rich DeHaven".

Rich DeHaven  
President/CEO  
Aspire Indiana

## Employment Services

Since 1990 Community Connections, a support and employment placement service has been engaging individuals with disabilities and those economically disadvantaged in becoming participating members of their local communities. Within the last year we have offered placement services to 263 individuals. Our primary overall goal is to match real job opportunities with real wages in a real business environment to individuals residing in their local communities.

At Community Connections, we work to help individuals make an informed choice concerning the impact of earnings on entitlement programs such as Social Security Disability Insurance and Income, Medicaid, Medicare and other related programs. To help individuals through the maze of federal and state programs, we have partnered with Social Security Administration (SSA) to develop a network of supports known as Indiana Works; A Work Incentive Planning and Assistance program servicing Northern and Central Indiana. We have provided no-cost benefits counseling services to some 1,200 individuals across our state. Many participants have left the roles of Social Security due to our dedication in providing simplified written explanations to complex governmental regulations. We have also developed a national outreach model known as WISE, Work Incentive Seminar Events. Educational WISE events target SSA recipients and provide them with the tools to become engaged in the business community. In collaboration with Purdue University we have developed a WISE DVD for statewide dissemination pertaining to School to Work Transition students.

In an effort to engage all types of disability groups, we have invested in our Ticket to Work program, a contractual agreement with Social Security Administration and the Indiana Office of Vocation Rehabilitation. This program allows individuals from across the state to assign their "Ticket" to our staff, thus emphasizing an accelerated approach to choosing, getting and keeping a job. Many have utilized this fast track method and have become successfully employed in their local communities.

One of the salient approaches to these programs is the staff's ability to provide long term follow up and support with individuals and employers. With additional support, it is highly likely the individual will achieve long-term success and the business will be highly satisfied with the results.

## Chris

Chris started to work with our Employment Services team early in 2006. He had not worked since 2001. He was hired in late spring at WalMart but walked out of the first day of orientation because he thought that their personnel policies were not strict enough. Chris was going to be hired by Big Lots late summer 2006 until he asked a question at the end of the interview that led the interviewer to doubt that they should hire him. We continued to work with him until he was hired as a bagger at Marsh in January 2007. Chris only worked a month before he quit because he kept hearing voices saying bad things to him.

Over the next several months in 2007, Chris displayed minimal interest in working. The voices kept tormenting him until he was very suicidal at one point. He finally called us in November and said that he wanted to work at Marsh again. We contacted the store manager and he welcomed Chris back. In January 2008, Marsh gave Chris a certificate for working there for one year.

Chris continues to work at Marsh. Occasionally, he has concerns about his co-workers because they do not work as hard as he does. Mr. Wiese, a very demanding boss, always speaks highly of Chris. "I wish that I had more workers like Chris." Chris continues to experience some symptoms with his mental illness but, with the support of his therapist, psychiatrist, and job coach, he works very hard to not let the symptoms interfere with putting forth his best effort.

Aspire to...  
**ACHIEVE**



## Living with HIV

By Martin (in his own words)

I was diagnosed with HIV in October 2005. When I found out I was positive, I became sad because I was entering a different and unknown world, which made me nervous and anxious. I didn't know what was going to happen to me. I told myself it was not going to be the end of the world. I just needed to make some adjustments in my life. Such as starting the HIV medication, trying to eat healthy, exercising, talking to people who were positive, and getting educated on HIV.

These adjustments in my life have helped me to live a normal and healthy life. I don't feel I belong to a separate kind of humans. Two of these adjustments are crucial to me: my medication and getting educated on this matter. If it wasn't for the medications, I don't know if I would be alive; the medications have become a part of my life. By taking my medication, I have managed to keep my virus load to undetectable level and my CD4 count over 1400. I didn't wait too long start my meds; I talked to my doctor and began the treatment right away. Before I began taking my meds, I was very concerned about the side effects, but I didn't have any side effects. It is worth the try.

The other aspect that helped me how to cope with HIV and get more informed was talking to my care coordinator, reading Poz Magazine, and others websites. That knowledge came very helpful. I learned about how to prevent the transmission of the virus to other individuals and things that I should do and should not do.

I like to mention that Care Coordination was the most important thing that happened to me in Indiana when living with HIV. They helped me to obtain my medication when I move to Indiana from New York. My care coordinator is so helpful and caring. I feel very comfortable talking to my care coordinator. Besides helping me with getting my meds and health insurance, she helped me to get a place to live when I needed one. I thank Care Coordination and especially my care coordinator from the bottom of my heart for being there for me during rough times.

## HIV Services

The mission of Aspire Indiana's HIV services is to coordinate a wide variety of health and social services to assist those living with HIV/AIDS; furthermore we strive to prevent the spread of HIV and to provide services with integrity and confidentiality through education, advocacy, and comprehensive health and social services. With offices located in Lafayette, Elwood, Muncie, and Richmond, Aspire Indiana provides HIV services in 32 counties.

There are four components to the HIV services program: Care Coordination, Housing Opportunities for People With AIDS (HOPWA), Special Populations Support Program (SPSP) Disease Prevention, and Special Populations Support Program (SPSP) Supportive Care.

The HIV Care Coordination program provides case management services. With the client, the Care Coordinator works to identify client's needs and develop a

goal-oriented care plan to meet these needs, while respecting cultural diversity and ensuring self-determination. The program focuses on locating, accessing, and monitoring the full-range of HIV-related services. The Care Coordination services are provided in a safe, secure, and non-judgmental environment.

The Housing Opportunities for People With AIDS (HOPWA) is designed to provide safe, stable, and affordable housing for low-income individuals living with HIV/AIDS. There are three assistance types available within HOPWA: Short-Term, Long-Term, and Permanent Housing Placement (PHP). The Permanent Housing Placement assistance covers expenses related to utility deposits, security deposits, application fees, and first month's rent. Short-Term HOPWA provides rent, mortgage and utility assistance in emergency situations to prevent homelessness or disconnection of utility services. Long-Term HOPWA provides a monthly subsidy to those individuals whose low income prevents them from being able to maintain housing without the monthly subsidy.

Special Populations Support Program Disease Prevention services are provided to individuals involved in substance abuse treatment programs, the criminal justice system, or other high-risk areas, who have an unknown HIV status. Through this program, individuals receive free HIV prevention education, free behavioral risk assessments, and free confidential HIV/Hepatitis/Syphilis testing. Referrals for services are made for those individuals identified as being HIV positive.

Special Populations Support Program Supportive Care services are designed for those individuals who are dually diagnosed with HIV and a substance related disorder. During FY10, this program was funded for Elwood and Lafayette; however beginning FY11 services will be provided also in Muncie and Richmond. Through this program, the specialists work with the client and develop interventions designed to minimize substance use while maximizing compliance with all applicable treatment plans.

The Supportive Care Specialists works closely with the Care Coordinator to ensure that each client receives a full continuum of care.

## FY10 Services

**Care Coordinators** provided 5091 hours of services to 352 individuals.

**Disease Prevention Specialists** provided 1375 HIV tests, with 8 individuals identified as HIV+; there were 1074 Hepatitis C tests provided, with 91 individuals identified as being positive for Hepatitis C. 3910 high-risk individuals were provided with harm-reduction and HIV prevention education messages and materials.

**SPSP Supportive Care Specialists** provided 557 hours of case management, focused on harm reduction, to 27 individuals. (In July 2010, two additional positions were added, Muncie and Richmond)



## Housing Services

Aspire Indiana provides additional programs to assist individuals in maintaining stability. A housing first approach is used whereby an individual can be moved immediately from homelessness to permanent housing. One way of offering stability is through various housing properties and programs; therefore, offering a sense of independence and personal choice. Depending on the type of funding, the individuals served vary from seriously mentally ill, HIV/AIDS, or substance abuse. One area that has been expanded upon within the housing program is for individuals with moderate barriers to housing, not necessarily individuals with a disability.

Aspire Indiana provides affordable housing for individuals with little or no income as well as a disability. Individuals have the ability to move from supervised living, independent living, and community housing. Individuals are not limited by where they reside, but instead have a choice. Housing options entail supervised group homes, cooperative shared living, scattered site rental properties, and apartments. Additionally, Aspire offers housing programs which assist in subsidizing monthly rental responsibilities. Housing programs such as Housing and Urban Development (HUD) and Shelter Plus Care provide individuals with subsidies that aid in offsetting monthly rental requirements.

These differing options, housing programs and/or housing properties, can be used strategically to link individuals with opportunities that may have seemed impossible. Throughout the past fiscal year, 81 individuals were housed through the differing housing programs. Of these 81 individuals, 65% were comprised of families with children. Through the use of the various funding programs, Aspire provided safe, affordable housing to over 300 individuals within the Aspire Housing Program.

Aspire maintains strong collaborations with local community and state affiliates as well as its latest involvement with local foundations who aid in the continued housing first funding initiative. Collaborations exist between City of Anderson Community and Economic Development, Indiana Housing Community Development Authority, United Way, DMHA, and Partners in Housing. Such involvement is needed as a means of ending homelessness.

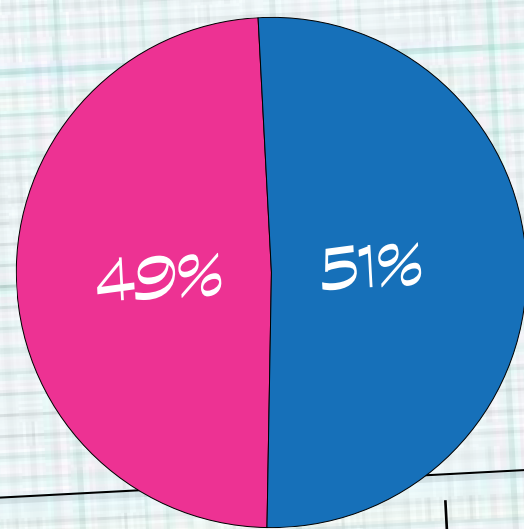
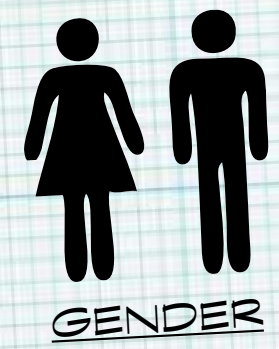
## Melanie's Story

Melanie was living in a barn, homeless; two master's degrees, lost. She was linked with a housing program called Homeless Prevention Rapid Rehousing (HPRP). This program is designed for individuals who are homeless or on the verge of becoming homeless. While Melanie was considered homeless, she qualified for the HPRP program. This program is designed for individuals with moderate barriers to housing. After working with Melanie, it was determined that she needed more intensive services that the HPRP program could not provide. Aspire was able to link Melanie with the Shelter Plus Program. Melanie was able to maintain her status despite the fact that she was stably housed. Melanie is currently in services and stably housed.



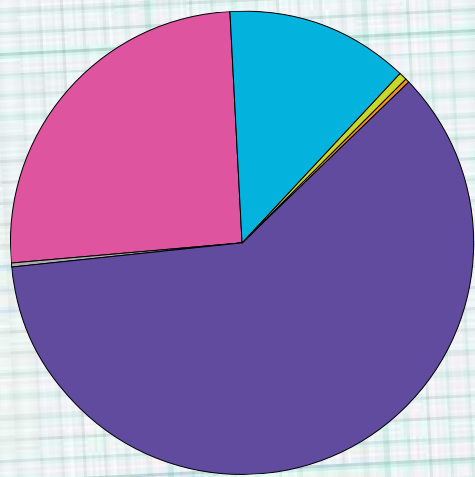
Aspire to...  
**LEARN**

Client Demographics



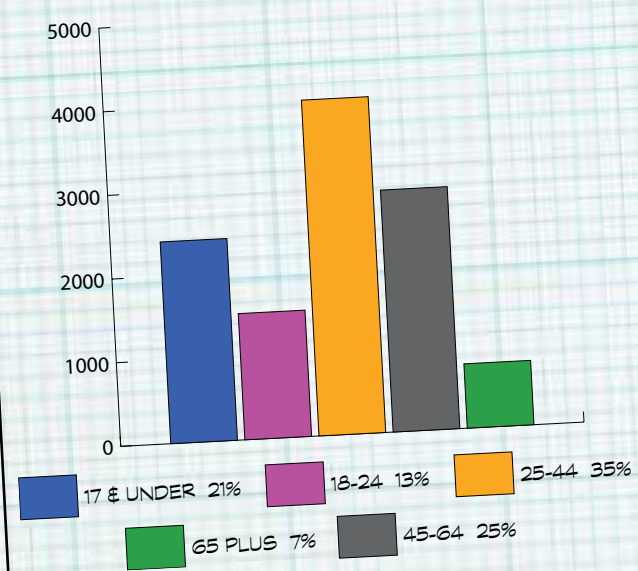
**TOTAL CLIENTS SERVED  
(UNDUPLICATED) 11,598**

RACE

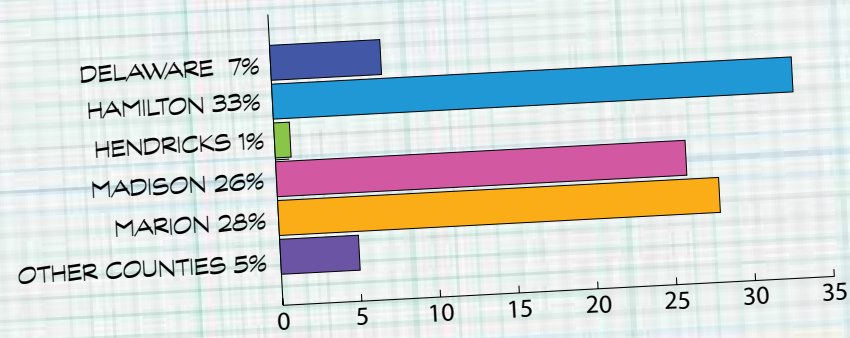


AFRICAN AMERICAN 1485  
AMERICAN INDIAN 62  
ASIAN 40  
CAUCASIAN 7047  
HAWAIIAN/  
PACIFIC ISLANDER 11  
OTHER ETHNICITY 2953  
(HISPANIC, LATINO, MEXICAN)

AGE



WHERE OUR CLIENTS LIVE



CLIENTS SERVED BY PROGRAMS

Mental Health/Substance Abuse 65%  
Deaf Services 1%  
HIV/AIDS 5%  
Housing 2%  
Employment Services 4%  
Med check (Doctor only) 23%

**Thank-You Donors**

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Helen Steele  
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Katherine Stewart  
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Aspire to...  
**GIVE**



Aspire to...  
**GROW**

## Financial Report 2010

### REVENUE

Net Patient Service Revenue (which includes) Mental Health/Substance Abuse/Recovery Housing Employment Services HIV Services	16,358,503
Government grants	11,058,577
County funding	3,257,460
Interest and dividend income	162,182
Net rental revenue	542,075
Contributions	23,466
Project, Program, Subcontract Revenue	467,755
Other	232,633

**Total Revenue** **\$32,102,651**

### EXPENSE

Patient Services	
Mental Health/Substance Abuse/Recovery	25,852,972
Housing	2,137,548
Employment Services	1,713,597
HIV Services	1,232,081

**Total Expense** **\$30,936,198**

Future Growth before investment gains	\$1,166,453
Charity Care and Allowances	\$9,000,177

## Aspire Board

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## Mission Statement

*The Mission of Aspire Indiana is to provide quality compassionate care to all of its clients through the delivery of effective and accessible behavioral healthcare and related services.*

## Locations

### Boone County

602 Ransdell Road, Lebanon, IN  
765-482-7100

### Delaware County

2809 W. Godman, Suite 5, Muncie, IN  
765-286-4481  
HIV/AIDS Care Coordination Program

### Hamilton County

17840 Cumberland Road, Noblesville, IN  
317-773-6864

697 Pro-Med Lane, Carmel, IN  
317-574-0055

17840 Cumberland Road, Noblesville, IN  
317-571-1818  
Administration Office

### Madison County

2020 Brown Street, Anderson, IN  
765-608-5598

10731 State Road 13, Elwood, IN  
765-552-5009

Harvestland, 6775 S.R. 32, Anderson IN

### Marion County

2506 Willowbrook Parkway, Suite 300,  
Indianapolis, IN  
317-257-3903

2506 Willowbrook Parkway, Suite 111,  
Indianapolis, IN  
Relay Indiana: Dial 711  
TTY: (317) 475-7272  
Deaf Services

### Tippecanoe County

133 North 4th Street, Suite 409,  
Lafayette, IN  
765-742-4481  
HIV/AIDS Care Coordination Program

### Wayne County

1119 1/2 N. W. 5th Street  
Richmond, IN  
HIV/AIDS Care  
Coordination Program

**AspireIndiana.org**



give open doors to O  
Aspire  
encourage help serve

